RECOVERY LOUNGE

By CryoLounge+®

FOCUSED COLD AND HEAT

TARGETED COLD TOTAL COMFORT

Apply cold exactly where you need it while gentle heat in surrounding areas keeps the session comfortable & relaxing.

COLD + HEAT IN ONE

Switch between cold and heat in a single session to help ease post-workout soreness and leave you feeling refreshed.

CLEAN, HASSLE-FREE SESSIONS

Stay fully clothed in a dry, lounge-style design - no prep, clea up, or staff required.

KEY FEATURES

SIX TARGETED ZONES

Independently controlled zones deliver cold or heat exactly where you need it

LEG COMPRESSION

Built-in compression enhances comfort and helps ease post-workout soreness

AUXILLARY ZONE

Auxiliary Pad included for hard-to-reach areas such as shoulders and knees

CONTRAST MODE

Easily alternate between hot and cold in different zones for a more effective experience

SELF GUIDED OPERATION

Intuitive touchscreen controls make every sessions simple and user-friendly

Planet Fitness | WellnessSpace® BRANDS

BENEFITS OF USING RECOVERY LOUNGE

By CryoLounge+®

- Provides temporary relief of minor aches and pains
- Helps relieve muscle soreness, stiffness, and tension
- Temporarily reduces minor swelling or inflammation where applied

TECHNICAL SPECIFICATIONS

- **Dimensions:** 80"L (203 cm) x 33"W (84 cm) x 44"H (112 cm)
- **Weight:** 290 lbs (131 kg)
- **Cover:** Waterproof/fluid proof
- **Tested and Approved:** UL/CSA/CE/CB/NOM safety standards
- **Electrical Requirements:** Dedicated 110V/60 Hz, 220V/60 Hz, or 230V/50 Hz, 6-12 Amps

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