POLAR DRY PLUNGE

By

PolarWave™ Dry Plunge

COLD PLUNGE EXPERIENCE WITHOUT GETTING WET

DRY COLD EXPERIENCE

Enjoy the effects of a cold plunge without water, towels, or cleanup.

NO MAINTENANCE HASSLE

No plumbing, draining, or daily upkeep - simply plug in and go.

FAST, ON-DEMAND SESSIONS

PolarWave offers the invigorating, quick sessions make it easy to cool down and reset between workouts or during busy schedules.

KEY FEATURES

IMMERSIVE COLD

Head to toe cooling without water or mess

COMPACT FOOTPRINT

Standalone design fits easily into recovery rooms or smaller spaces

OPTIONAL COMPRESSION

Boost the impact of cold in the legs by adding additional pressure

SELF-GUIDED OPERATION

Simple controls make every session easy - no staff required

QUICK SESSIONS

3–7 minute sessions fit easily between workouts or busy schedules

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BENEFITS OF USING POLAR DRY PLUNGE

By PolarWave Dry Plunge

- Helps the body feel recharged and revitalized
- Supports post-workout recovery
- May help soothe sore, stiff muscles after exercise
- Feels great on sore, tired muscles

TECHNICAL SPECIFICATIONS

- **Dimensions:** 82" L (208 cm) x 43" W (109 cm x 53" H (135 cm)
- **Weight:** Weight: 540 lbs (245kg) without fluid, 648 lbs (294 kg) with fluids
- **Tested and Approved:** UL/CSA/CE safety standards
- **Electrical Requirements:** 60Hz: 208-240V / 20A or 50Hz: 230V / 16A
- **Water Requirements:** 8 gallons (30 liters) distilled water; combined with 5 gallons PolarWave Coolant (included), for 13 gallons total fluid
- **Temperature:** 28-34 F (-2 to 1°C); a colder-than-traditional cold plunge experience without the need to be submerged in water

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