



# Precaution and Contraindications

## Important Safety Instructions

Anyone suffering from one or more of the following conditions, or with a condition upon which heat or cold would have an adverse effect should receive physicians statement with approval prior to use.

Heart or circulatory problems; inflammatory conditions such as phlebitis; varicose veins or thrombosis; swollen joints, acute inflammation, severe bruising, skin infections, contagious diseases; a high temperature or have pain radiating to the arms or legs.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Children should be supervised to ensure that they do not play with the appliance.  
Any person with a specific medical condition upon which heat or cold might have an adverse effect should consult a physician prior to use.