HydroMassage Script

This script can be used by staff as a sales tool to introduce and explain the product to members. For additional questions, please refer to the FAQs.

HydroMassage provides a personalized, full-body heated massage, using warm water that flows and contours to your body for a comfortable and rejuvenating massage.

A HydroMassage session can provide many benefits, including:

- Temporary relief of minor aches and pains
- Reduction in stress and anxiety levels
- Increase in circulation in massaged areas
- Relief of muscle soreness, stiffness, and tension

Several controls are available to customize the massage, including:

- **Pressure** controls the strength of the massage, on a scale from 1-10.
- **Speed** controls how fast the massage travels up and down the body, with four settings.
- The **Upper and Lower Limits** control what areas are massaged, with up to 60 points on the body. Based upon user needs, the limits can be adjusted to focus the massage on a specific area, like the lower back.
- At any point in time, if the **Hold** button is pressed, it will keep the massage on that specific area, and you can simply press it again to deactivate it.

Additional features also include an entertainment menu with relaxation videos, music and games, as well as preset massages and a "Design your own massage" program.

The pillow is there for user comfort and sound reduction; however, this can be removedto focus the massage on the shoulders and neck area.

HYDROMASSAGE

HydroMassage FAQs

What are the benefits of using the HydroMassage?

The HydroMassage was designed to help rejuvenate tired and sore muscles and aid in muscle recovery. The massaging action of the water jets can help to loosen up tight muscles and encourage relaxation.

What is the purpose of HydroMassage

The purpose of the HydroMassage is to deliver a personalized, full-body heated massage for a comfortable and rejuvenating massage. You can control the pressure, speed and target areas for the massage using the Touchscreen.

How long should I use the HydroMassage?

A 10-minute session is recommended and can be adjusted.

Should I use HydroMassage before or after a workout?

HydroMassage can be used for post-workout recovery for muscle soreness, unwinding after a long workday, or at any time to reduce stress and anxiety.

Can I adjust the pressure of the massage?

Yes, there is a "Pressure" button at the top of the screen to adjust the pressure from 1-10. With 10 being the highest pressure.

What is the water temperature of the heated massage?

The water temperature can be set between 85˚ and 105˚ F (or 29˚ – 41˚ C), and we recommend a default temperature of 92˚ F (or 33˚ C).

How many times a week can you use HydroMassage?

HydroMassage can be used every day for a relaxing and rejuvenating massage.