

# Recovery Lounge

by CryoLounge+™

## Smarter Solution for Ice and Heat

- Cold feels great on sore, stiff, and achy muscles after a workout
- Heat in other areas offsets the cold; provides a more comfortable experience
- Sore Legs? Try the leg Compression feature
- Optional Contrast feature to switch the cold and hot areas at the end of your session

“Recovery is key to help my body feel better after a good workout”



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